

*Where Fun and Friendships Happen*

WWW.EVERGREENNEWCOMERS.COM



*Grand Lake, CO. Photo courtesy of ENN member Marko Ginsberg, markosphotographics.com.*



**JANUARY / FEBRUARY  
2021**

EVERGREEN NEWCOMERS AND  
NEIGHBORS,  
PO BOX 2197, EVERGREEN CO  
80437

## President's Message

by Riley Hanback



Riley and Little Boy during ENN's Zoom December Winter Party 2020.

***Happy New Year to all of our  
ENN Family!***

With the coming of the new year, we can breathe a sigh of relief that 2020 is in our past. A vaccine will soon become available against Covid, restrictions are beginning to lessen, and we can have a renewal of hope that 2021 will be a return to normalcy.

There will still be restrictions for a while, but we can see the rainbow at the end of the storm.

For 2021, your ENN Board is already making plans for a great year! My sincerest appreciation for all of the work and effort they have given to ENN these last 9 months. I would also like to thank all of our Activity Leaders for their continued dedication to their various groups; they have worked hard to keep everyone engaged as best they could, and the Board looks forward to working with these leaders to ensure their activities thrive in the new year.

I would also like to thank the ENN membership for their continued support of ENN over the last 9 months. Despite the quarantines, masks, and social distancing you have remained a part of the ENN and Evergreen community. The tremendous response to our Food Drive in December was amazing, but also your individual support of various organizations helping

Evergreen was stunning. You gave of your time, resources and finances to help our community during difficult times, and it demonstrates your generosity and richness of spirit.

In 1961, a group of people created a community organization called Evergreen Newcomers and Neighbors. In 2021, we will celebrate our 60<sup>th</sup> anniversary! The Board is exploring multiple ideas to help us celebrate this incredible event, and to ensure we can include as many people as possible in our celebration. It is a testament to those who founded this organization that after 60 years ENN is still a thriving community!

We hope to bring back our Happy Hours, the Summer and Winter Parties, and the Kickoff Koffee in 2021, along with our activities being able to gather together in person. We are cautiously optimistic that we will get to see

each other in person soon, and without a mask!

So, stay tuned; as we are able, we will hopefully begin announcing events that will bring us back together for fun, food, and drinks. Thank you for your support during the pandemic, and we look forward to supporting you and our activities in the coming year!

-RH

## Get to Know...

### Rick and Dori Warner



Rick is ENN's Webmaster and Dori serves on the Programs and Socials committee. We have been married 43 years in January! Time flies! Rick was an IT director for a chain of hospitals in Orange County, California. Dori was a special education teacher, and then went into real estate investments and vacation rentals. We moved here 2 ½ years ago to retire and get away from the crowds and costs in California. We are enjoying the beautiful surroundings and nice people in Evergreen.

We met in college, through Chapman University's World Campus Afloat, or Semester at Sea program in 1975. We took classes and sailed around the world for almost 4 months. Quite an experience! We have an

interesting story about how we met- just ask! It was featured in the *Cincinnati Enquirer's* Valentine's Day series on "The most unusual way two people met".

This started our love of travel, and we have been many places in the world over the years. We look forward to joining the International ENN group; I think we will have some experiences to share.

We became active in ENN by joining a couple of the bridge groups. Rick has also joined the hiking group and participated in that. Dori has gone to a couple of Canasta get-togethers, and looks forward to more ENN participation.

We have three grown kids, and one is living in our basement finishing college. Rick loves to play golf, and Dori makes nature themed crafts. Dori is also a frequent flyer junky and the family's budget travel agent.

We look forward to meeting all of you! -RW

## Welcome New Members!

**Rob Schwartz & Liesel Fricke**

**Alix & Greg Giometti**

**Anita Connors**

# HELLO!

## ENN Gives Back to Our Community

On a brutally cold December 12<sup>th</sup>, 2020, in Evergreen, a handful of volunteers from Evergreen Newcomers and Neighbors Association (ENN) braved the elements in the Lutheran Church of the Cross-parking lot to collect items for the EChO Food Bank. Workers Jan Cryns, Justin Schulz, Frank McVeigh and Riley Hanback collected in less than four hours a total of 731 lbs. (weighed by EChO staff) equaling 789 individual items plus three personal check donations totaling \$350.00.

"As treasurer of EChO," stated Sue Dunlop, "I would like to sincerely thank ENN for the over 700 pounds of food products and cash donations to EChO's food bank. I am sure you all are aware that the need is significant this year. We are truly blessed to live in such a generous community."

ENN President, Riley Hanback, worked with ENN board members to coordinate the annual charity event for the association. As Riley wrote to the membership in early December, "This year has been a difficult one for us (ENN and our community). We have had to cancel many events, or adapt by socially distancing and wearing masks. In a normal year, we would host a food drive during our November Happy Hour. Since our Happy Hours were canceled for most of 2020, we were going to miss out on this community activity and a chance to help the families of Evergreen in a meaningful way."



Riley said that the ENN Board felt this was too important of an opportunity to give up on. "While we may have missed chances to get together for food, drink and laughter, many families have missed vital paychecks to cover housing, food and clothing needs." Riley continued that Winston Churchill once said, "We make a living by what we get, but we make a life by what we give." The food drive on December 12 allowed ENN to once again give back to the Evergreen community. - RH



Activities Director Frank McVeigh and VP Justin Schulz at the food drive collection site.



One of three car loads taken to ECHO..



ENN Treasurer Jan Cryns working at the collection site.



*Evergreen Newcomers and Neighbors donates 731 pounds of food to Echo, December 12, 2020. Pictured from L to R: Jan Cryns, ENN treasurer, Sue Dunlop, Echo treasurer (and ENN member), John Dunlop, past ENN President, and Frank McVeigh, ENN Activities Director.*

## Help Make ENN Even Better!

As we begin a new year, all are looking forward to the return to a more normal world. Even as we have had to limit or find new, creative ways of continuing our activities and interests, *ENN members have kept at it.*

Being a volunteer organization, ENN relies on the active participation of its members to make things happen. At this time, we have three open positions on the ENN Board, and we invite you

to consider sharing some of your talent with all of ENN by becoming a Board Member.

The current open positions are:

- **Community Outreach**

ENN members have proven they are ready, willing and able to give back to our community. If you have a passion for volunteering in the community, inspiring others to help serve our community and a desire to give back, this position is for you.

- **Nominating Committee**

You will serve with the ENN vice president and other board members to recruit board members as needed, aligning skills and characteristics of potential members with open positions.

- **Publicity**

ENN took advantage of several advertising opportunities in 2020. If you'd like to take over the publicity, marketing and advertising plan throughout the year, this is your chance!

Join us in supporting the activities we all enjoy by sharing your talent with ENN! - JS

## 2021 Will Rock!!

Good riddance 2020,  
We're glad to see you go.  
2021 will be,  
Much better than you know.

We welcome it with open arms,  
And an outlook we desire,  
With dreams of health & happiness,  
And the 'normal' we require.

So, as we start this new year,  
With hope and optimism,  
Let's start to *LIVE* our lives again,  
And find enthusiasm!

Happy New Year one and all,  
Find peace as it commences.  
Let the year be calm and smooth,  
With all good circumstances.  
2021 WILL ROCK!

- Annie Ginsberg, author

Happy  
New  
Year

## Activities

**To join any activity, send an email to the group leader at:**

[activities@evergreennewcomers.com](mailto:activities@evergreennewcomers.com).

**You will be contacted by the leader.**

**Go to**

[evergreennewcomers.com](http://evergreennewcomers.com)

**and click the link**

**“Get Involved” and then “Activities” to access details on each activity.**

### Canasta – Donna Lomax, Leader

The new host for the Canasta Group is Donna Lomax. Although we are still in the midst of this pandemic, staying away from close, crowded places, we would love to start gathering some new members for our group for later this year when we are able to be together again. We're planning on eventually meeting on Wednesdays, about 1pm. If you're interested, please contact Donna Lomax by sending an email to: [activities@evergreennewcomers.com](mailto:activities@evergreennewcomers.com).

### SWAG – Carol Goss & Harriet Sear, Leaders

We had a great SWAG (Savvy Women and Gals) meeting on Tuesday, December 29<sup>th</sup>. Kate McCollum presented information and photos of the castle in Scotland that they visited, and we discussed ideas for the new year.

We decided to continue to meet on Tuesdays twice a month. We will schedule meetings for the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month from 10:00 AM to Noon. The day and time for special presentations may vary, according to the availability of the presenter.

Below is a list of topics being investigated for 2021 programs:

- COVID-19 IN 2021
- Social media technology (February 16th)
- Silver Sneakers Yoga lead by Paige Bertini (Thursday, January 14th)
- Clyfford Still Museum Virtual tour and other tours in our area
- Specific Senior Retirement Communities and Senior Housing presentation(s)
- Drug development process
- Technology systems and networks (Sr. Center and Library presentations)
- Professional Downsizing
- Virtual presentation of Roger Ambrosier's artwork
- Mini Bio and Cork/wire tray activity (Barb Conroy has corks to donate)
- Diabetic diet

Thank you for your continued support! We wish you the absolute best in the coming new year!

During our November 3<sup>rd</sup> Zoom meeting we decided to support Life's Options as our holiday service project. Their Pregnancy Center in Evergreen has served mothers in the Evergreen area for over 30 years offering supplies, help with medical expenses and life skills

mentoring, online training programs and a maternity and children's Kid's Closet resale store located next to the EChO resale shop.

SWAG also sent holiday cards to woman at the New Beginnings Prison Ministry.

On November 17<sup>th</sup> Wendy Kitting from Life's Options joined us on zoom for an informative talk about Life's Options.

Thanks to the generous donations from our members, the holiday service project was a huge success. We gathered baby



Wendy Kitting of Life's Options and SWAG co-leader Harriet Sear loading the group's donations to Life's Options.

wipes, diapers, baby wash and lotion, new toys, new and used children's clothing, gift cards and many other gifts. We delivered these items to Wendy Kitting at Life's Options during the first week of December. She said her clients were very thankful; one mother shed tears of gratitude as she was told of the gifts. We are so grateful to our members for their dedication and support in this project.

The signed holiday cards were picked up by Pastor Terry Schjang early in December when she was on her way to the prison. She said that this would really lift the spirits of her New Beginnings members at the prison.



At our December 1<sup>st</sup> zoom meeting our women shared their own families' holiday traditions. Many Holiday items and photos were shared and some dawned holiday attire for the occasion. Thank you all for your participation.

During our December 15<sup>th</sup> zoom meeting Simone Simpson facilitated a very fun "Guess Who" game. Fran Nelson won first prize, Barb Conroy second prize and Maureen McDevitt the 3<sup>rd</sup> prize for their correct guesses. Simone also delivered gifts from the group to Carol and Harriet for their work with SWAG this year.



Maureen Taillon shares during a December SWAG Zoom meeting...



December SWAG Zoom meeting...



Fran Nelson in the December SWAG Zoom meeting.

### Book Club #3 – Elaine Morse, Leader

Here is a list of some of the non-fiction books this co-ed book club has read in 2020:

*The Zealot: The Life and Times of Jesus of Nazareth*, Reza Aslan

*Say Nothing*, by Patrick Radden Keefe

*Super Cooperators: Altruism, evolution, and why we need each other to succeed*, by Martin Nowak

*Born a Crime*, by Trevor Noah

*Salt: a World History*, by Mark Koplansky

*The Dutch Girl, The Life of Audrey Hepburn*, by Robert Matzen

*Talking to Strangers*, by Malcom Gladwell

*It was all a Lie, How the Republican Party became Donald Trump*, by Stuart Stevens

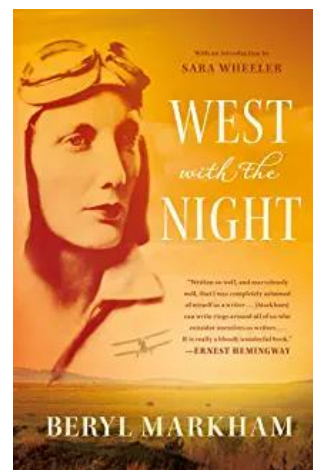
*Ten Lessons for a Post Pandemic World*, by Fareed Zakairia

### Book Club #2 – Jan Cryns, Leader

Book Club #2 continues to meet via Zoom. In November, we discussed *Book Woman of Troublesome Creek* by Kim Michelle Richardson. It is a novel set in the 1930s about a Kentucky

packhorse librarian who also has a rare blood condition that causes bluish skin.

In December we discussed *Lafayette in the Somewhat United States*, a light-hearted history of the Marquis of Lafayette's involvement in the Revolutionary War and the establishment of our government by Sarah Vowell.



Our read for January is *West with the Night*, a memoir written by Beryl Markham in 1942 about her extraordinary life in Kenya including being a bush pilot.

ENN's mission is to provide opportunities for its members to meet others through social events and activity groups

The ENN membership list is only for the personal use of ENN members and may not be used for commercial or non-ENN purposes.

ENN is open to all residents of the Evergreen area, regardless of length of residency.

## Guys' Breakfast – John Dunlop, Leader

I am planning to resume the ENN Guys Breakfast in March assuming restaurants are open. Those that are on my Guys' Breakfast email list will receive information the first week in March. **We welcome new members!**

Here are some pictures from past breakfasts:



August 2018



September 2018



Lariat Lodge

## Staying Resilient in Tough Times

By Justin Schulz, ENN VP

For our ENN Zoom Holiday Party, Riley Hanback asked me to share some thoughts on how we can weather the challenges of living through this pandemic. I was asked to speak to this subject as I am a psychologist with over 40 years of professional experience, including eight years on the Medical Staff of the Denver VA.

We belong to ENN because we all value sharing experiences and interests with others. We know how being part of a community makes life better. And, we are all aware of how challenging it has been for so many in navigating through this pandemic. Humans are truly social animals – few of us choose to be hermits, so having to distance and isolate can really chip away at our psychological and spiritual health. Even as we rely on healthy preventative practices, such as distancing and avoiding contact outside our households, there are still things we can do to remain resilient. The practices I will mention will probably be obvious and may even be things your grandmother told you. Well, your grandmother was right. Each of these practices have been confirmed by research studies as ways we can bolster our emotional well-being.

**Practice kindness.** By this I mean doing more than just being polite, but be thoughtful and deliberate in showing kindness to others.

It is easy to become preoccupied with the limitations and restrictions we face, but as much as possible, **look for possibilities** using the additional time we spend at home to do things that in some way offset what we have had to give up or have had to limit.

Take a lesson from seasoned athletes – **play to your strengths**. Take advantage of what you do best.

**Be grateful every day**, even for small or simple things. People who strive to see the glass as half full rather than half empty suffer less.

**Be aware of what is meaningful in your life** and how you live in a way that gives your life meaning.

Even with the challenges of distancing and remote group activities, we persist because we believe these things we enjoy and enjoy sharing are worthwhile. So, let's all keep sharing and supporting one another as we look forward to a better time ahead.

*Justin, Schulz, Ph.D., is a retired psychologist. He received his Ph.D. from SUNY at Buffalo.*





## ENN 2020 WINTER PARTY RECAP

On Thursday, December 10<sup>th</sup> ENN held its annual Winter Party. This year was different from previous years in that we were not able to meet in person. We did, however, have 50 people meet together via Zoom for a night of fun, stories, music, and games!

Wes Brooks, the activity leader for our International Travel Club, was the emcee for the evening. Wes guided us through the program of speakers and musicians. We would like to extend our appreciation to Wes for taking on this responsibility and doing an outstanding job! Justin Schulz, the Vice President of ENN, was our technical advisor and spent many hours getting this program online. We are grateful for his skills and abilities!

Our speakers for the evening were Marion Dries, who shared a favorite holiday memory. Rick Warner told us about some of the most bizarre holiday gifts. Rose Warren shared with us the story of her first holiday as a newlywed (apparently, she is such a fine cook she can prepare black potatoes!), and George Wittenberg told us a holiday story from when he was a child. Justin Schulz shared with us how to maintain emotional wellness during these times. Jan Cryns read two excerpts from the holiday poems *Holidays* and *Wonderful Winter Wonderland*. Music was provided by Linda Bolinger, who sang "Santa Baby" accompanied by Rhonda Loeppke, and Laraine Meyers played "Traditions of Christmas" on the clarinet.

We cannot thank these participants enough for their willingness to share their time, talent, and stories with us. Without them we could not have had this party.

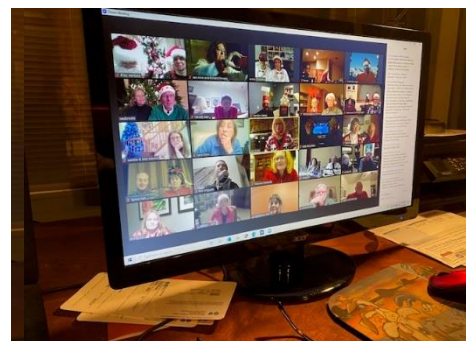
Door prizes were won by Wes and Kate Brooks, Anneliese Fricke, Tamara Hall, Robert Schwartz, Don and Laraine Meyers, Randy and Carolyn LaBac, Gary Euliss, and Ozzie and Kate McCollum.

We had a game where we had to make as many 3 or more letter words as possible from the phrase "Winter Time in Evergreen," which was won by Rick and Dori Warner with 129 words! We also had a Festive-Dress contest, which Carolyn and Randy LaBac won.

It was a wonderful time together, reminding us that despite the circumstances, ENN is a community of friends. Having the opportunity to come together to share in the joy of the season was a great way to wave goodbye to 2020 and look forward to the year 2021. We look forward to seeing you all in 2021!

- RH

Happy New Year  
2021



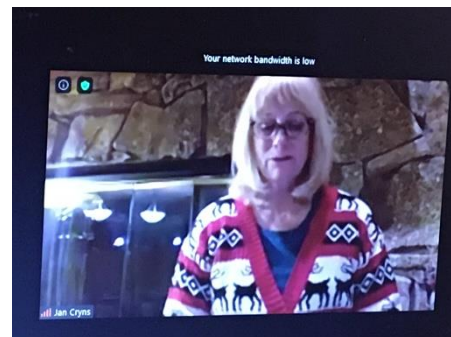
Screen shot of our Zoom party participants.



Party Emcee Wes Brooks and wife, Kate.



Laraine Meyers played beautiful music.



Jan Cryns reading holiday poems.

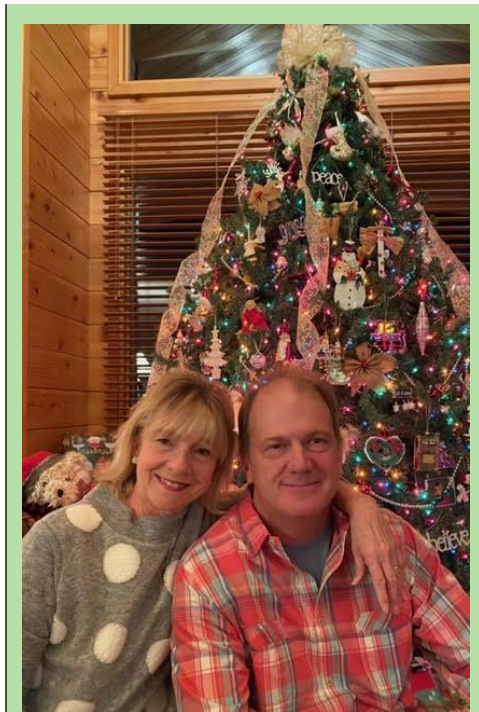


Rhonda Loeppke and Linda Bolinger perform.



## ENN Members Celebrate the Holidays at Home

**Steve and Kim Cox Christmas.**



**Gloria Van Derme Christmas.** My son and my grandchildren, even Mrs Claus, came to visit. We had a wonderful Xmas.



**Carol Zimmerman Christmas.** This is my family on Christmas Eve. And my newest Grandson Henry, named after my Father.



**Lee Anne and Richard Powers' Christmas Gift.** Our kids arranged a photo shoot with our five grandkids and gave us photos and frames for Christmas. Our newest little grandchild is Archer! (right)





It's never too late to eat a healthy meal for good luck in the new year. The following recipe is my adaptation of the famous Hoppin' John I first had at the decade's old restaurant, Alfalfa's in Lexington, KY.

## Hoppin' John

- 2 cups brown rice, cooked
- 2 15-ounce cans black-eyed peas, with liquid
- Garlic, minced, to taste
- Salt and pepper
- 1 28-ounce can diced tomatoes
- 1 green or red pepper, chopped
- 1 squash, sliced
- 1 zucchini, sliced
- 1-2 carrots, chopped
- Small broccoli crown, chopped
- 1 onion and/or green onions, chopped
- 3 celery stalks, sliced
- Salt and pepper, to taste
- Hot sauce, to taste
- Cheddar Cheese, grated, for topping



While rice is cooking, combine all prepared vegetables in a large skillet.

Add water, cover and steam until vegetables are cooked through, about 10-15 minutes. Drain off water.

To serve, place rice on plate, top with vegetables and cheese.

Add hot sauce, if desired.

## 14 Lucky Foods You Should Eat for a Prosperous New Year

excerpts from [BHG.com/holidays](https://www.bhg.com/holidays)

1. Doughnuts for the Year Coming Full Circle
2. Black-Eyed Peas for Southern Superstition
3. Long Soba Noodles for Longevity
4. Pork for Prosperity
5. Smashed Pomegranate for Good Fortune
6. Go Green for Health and Wealth
7. Breaking a Wishbone for Luck
8. Lentils: Bites to Success
9. Golden Cornbread for a Golden Year Ahead
10. Whole Fish for Wholesome Months Ahead
11. Fortune Cookies for Well Wishes
12. Sauerkraut for Longevity, Luck, and Money
13. Herring for a Bountiful Year
14. A Grape for Each Month

## The Quarantini

- 3 oz vodka (or gin)
- 2 oz fresh squeezed lemon juice
- 2 T honey
- 2 T water

### OPTIONAL:

- 1 packet powdered vitamin c



In a microwave safe bowl, microwave honey and water for 60 seconds and stir to combine. Allow to cool for a few minutes. Add 2 cups ice to a cocktail shaker.

Add vodka, lemon juice and honey mixture to a martini shaker. Whisk to combine. Then add ice to top.

Mardi Gras is just two days after Valentine's Day in 2021. Here is an easy variation on Red Beans & Rice, a New Orleans staple, my dad made. It's a family favorite all year long but especially on Fat Tuesday. – Lee Anne Powers

## Red Beans & Rice

- 2 cups rice, cooked
- 1 Pkg. Kielbasa, sliced
- 3-15-ounce cans red beans, with liquid
- 1 Clove Garlic, minced
- 1 T Creole Seasoning, to taste
- 1 can diced tomatoes with jalapenos
- 1 green pepper, chopped
- 1 onion, chopped
- 3 celery stalks, sliced
- 1 T Dried Parsley
- Hot sauce, to taste
- Cheddar Cheese, grated, for topping



While rice is cooking, sauté kielbasa, garlic, onion, celery and green pepper in a large skillet until vegetables are tender. Add beans and tomatoes and simmer 30 minutes.

To serve, place rice on plate, top with mixture. Add hot sauce, if desired.

*Happy Mardi Gras!*

*Where we love is home,  
home that our feet may leave,  
but not our hearts.*

- Oliver Wendell Holmes





**ENN Activity Groups: Chairman Frank McVeigh**  
**[Activities@EvergreenNewcomers.com](mailto:Activities@EvergreenNewcomers.com)**

<b>Current ENN membership is required for participation in any activity.</b>		
<b>Activity</b>	<b>Leaders</b>	<b>Schedule</b>
<a href="#">4 X 4</a>	Bob Ogden Collette Lambert	Various Saturdays (Seasonal)
<a href="#">Book Group #2</a>	Jan Cryns	Third Thursday, 1 PM
<a href="#">Book Group #3 (non-fiction / co-ed)</a>	Elaine Morse	Dates Vary
<a href="#">Bridge Daytime</a>	Sue Greenwell	2nd & 4th Thursday
<a href="#">Bridge Evening</a>	Pat Haines	3rd Friday
<a href="#">Canasta</a>	Donna Lomax	Wednesday about 1 PM
<a href="#">First Friday Game Night</a>	Tanya Ashworth	1st Friday 6:00 PM
<a href="#">Gals' Breakfast</a>	Louise Whiteside	Dates/Times vary
<a href="#">Guys' Breakfast</a>	John Dunlop	2nd Tuesday, 8:30 AM
<a href="#">Hiking Group</a>	Don Rosenthal (summer) Gary Sloan (summer) Sue Daley (winter)	Summer Thursdays, wx permitting Winter Wednesdays, wx permitting
<a href="#">International ENN</a>	Wes & Kate Brooks	Dates/Times vary
<a href="#">Ladies Golf</a>	Katy Lynch	Wednesday (seasonal)
<a href="#">Lend a Book</a>	Marion Dries	3rd Monday, 9:30 AM
<a href="#">Mah Jongg (daytime)</a>	Mindy Nitkin	Wednesdays, 10 AM
<a href="#">Mah Jongg (evening)</a>	Simone Simpson	Mondays, 6:30 PM
<a href="#">Motorcycles</a>	John Griggs	Various Saturdays (seasonal)
<a href="#">Nature Hikes</a>	Chuck Aid	3rd Wednesday, May-August
<a href="#">Needlework</a>	Sheri Matz	1st Monday, 10 AM
<a href="#">Poker Night</a>	Rose Warren	Dates/Times vary
<a href="#">Piecemakers Quilting</a>	Sue Daley Sandy Illich	2nd Monday, 10 AM
<a href="#">Scrapbooking</a>	Carolyn Labac	Dates/Times vary
<a href="#">Serendipity 2.0</a>	Carol Hanback	Monthly - dates/times vary
<a href="#">SWAG (Savvy Women and Gals)</a>	Harriet Sear Carol Goss	4th Monday, 10 AM
<a href="#">Sporting Clays</a>	Alan Palestine	3rd or 4th Tuesday
<a href="#">The Wine Tasters</a>	Pat Williamson	1st Saturday evening, Alternate Months
<a href="#">Wine Tasting</a>	Frank McVeigh	Multiple Social Groups - 3rd Saturday

To contact any Activity Group, please send an email to  
[Activities@EvergreenNewcomers.com](mailto:Activities@EvergreenNewcomers.com).  
 The desired group will receive your message and respond directly to you.