

March/April 2020 Issue 326

NEWSLETTER

www.evergreennewcomers.com

ENN is open to all residents of the Evergreen area, regardless of length of residency. ENN's mission is to provide opportunities for its members to meet others through social events and activity groups.



The ENN
membership
list is only for
the personal
use of ENN
members
and may not
be used for
commercial or
non-ENN
purposes.

WELCOME · NEW · MEMBERS

Richard & LeeAnne Powers
Peter & Bobbi Kurronen

Barb Nevins Chuck Aid Kyel & Kim Hodenfield Doug Palczynski Dicie Ann Chinarche (Forbus)

LOOKING FOR A CREATIVE MEMBER TO TAKE OVER AS NEWSLETTER EDITOR

My job as newsletter editor has been a nice opportunity to use my design training and writing skills, but the time has come to travel more and explore other opportunities. By July I will have published the ENN Newsletter for two years and would like to turn over the job to another creative individual (or even a couple) with an eye for organization and design. Good writing skills are helpful for editing submitted material and photographs. If you enjoy composing your own annual holiday letters to family and friends, then this is the job for you! I will train my replacement by sharing the working template and all file clipart and photos. This is an opportunity to help ENN in a fun and creative way. Our contributors are well-trained and dependable. Six newsletters each year is not an overly demanding task and is a way to create something fun and attractive on your computer. If you you would be interested in carrying on this very rewarding job, please contact me through my contacts published in the ENN Directory or at newsletter@evergreennewcomersandneighbors.com

PRESIDENT'S MESSAGE

John Dunlop

WOW! Winter has come back with a vengeance! It's hard to believe, with the weather we have had recently, that spring is just around the corner, March 19th!

With warmer weather coming soon, planning for another fun **ENN Summer Party in June at Keys on the Green** is underway thanks to the generosity of a loyal group of ENN ladies.

We have another new Activity Group! **Nature Hikes: Exploring Evergreen's Natural World – The first outing will be May 20, 2020.** The leader is Chuck Aid and you may contact him through Activities@evergreennewcomers.com.

A new ENN Board will take over on July 1st. There are still 7 positions that need to be filled: See box below.

As you know, **ENN** is a great organization! That can only continue if the ENN Board has all the positions filled. Don't think, "Oh, someone else will step up and do the work." If you have an interest and the talent to fill one of the open positions, please consider stepping up and being on the ENN Board. The positions are not overly time consuming and it will give you an opportunity to meet more wonderful people. If you are interested in any of these positions please contact Maureen Taillon at nominating@evergreennewcomers.com.

















SEEKING VOLUNTEERS TO JOIN OUR TEAM

ENN relies on the strong leadership that our Board provides to manage our organization and support our many activities. There will be a changing of the guard in June, when the following positions will become vacant.

- * Vice President
- * Activities Chair
- * Community Outreach
- * Membership
- * Nominating
- * Programs and Socials
- * Publicity

Please consider filling one of these vacancies. We encourage newer members to come forward and join the team. <u>Individuals or pairs</u> may contact the current chair of any position to confirm the parameters of that position and ask questions. Alternately, you may contact Maureen Taillon, current Nominating Chair, at <u>nominating@evergreennewcomers.com</u>.



ACTIVITIES

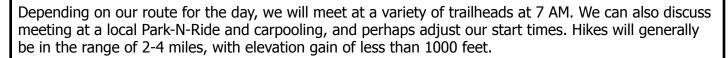
NEW ACTIVITY GROUP. Nature Hikes - Summer

Exploring Evergreen's Natural World Third Wednesday, May-August 3-4 hours

Leader - Chuck Aid Activities@EvergreenNewcomers.com

Let's get to know the natural world around us just a little bit better. Join us this summer for a variety of hikes through local public lands from lower foothills to alpine tundra,

learning to recognize our local birds, mammals, flowers, and whatever else.



Hopefully, some participants will bring their own expertise, e.g. butterflies, Colorado wildflowers, geomorphology, etc., and can be prevailed upon to share interesting tidbits as well. Bring your field guides, binoculars, and hiking paraphernalia, and let's see what we can find. If we start having too much fun, we can discuss adding additional explorations.







BLACK DIAMOND SKIING

John Illich

The weather this winter has been most favorable for skiing at our corridor slopes, though traveling to and fro has been a challenge at times. Our ski ambassador, John, must be out there now



....hopefully enjoying the impressive base and lovely powder with other ENN friends. As we move into March there should still be lots more spring skiing so get out there and enjoy the rest of the 2020 season. Please contact John directly to get on his contact list.

HIKING GROUP

Sue Daley & Linda Bolinger

The ENN "Summer Hiking Group" has changed to the "ENN Hiking Group." That means that they will be hiking **year-round**. The Winter hike organizers are Sue Daley & Linda Bolinger, and Don Rosenthal & Craig Gardner remain as Summer coordinators for the group. The winter hiking is going week-to-week because of weather concerns, so there will not be an itinerary of hikes for the months to come. An email will be sent out each week.

If you would like to be added to the Hiking email list for notification of scheduled hikes year round, please contact the leaders at Activities@EvergreenNewcomers.com. They will also be happy to answer your questions about the



Matthew Winters Park - Jan

Echo Lake - Feb

LADIES GOLF

Katy Lynch (ktklynch@aol.com)

Ladies Intermediate/Advanced Golf has been in a snowy dream for the past few months, but will soon be in blooming mode as spring approaches with longer sunny days. When Evergreen Golf Course opens, maybe sometime in April, so will our golf season.

If you were not on the golf list last year, and now would like to be included, just send me an email and I will add you on to the list.

LEND A BOOK Marion Dries



We lend books that we recommend to the group with no date of return. After the member gives a brief synopsis of a book, anyone may "borrow" it and return when finished. All this give-and-take is recorded by your Lend-a-Book coordinator. If you would like to join us, we meet on the 3rd Monday of the month at 9:30 AM for breakfast and sharing. BOOK GROUP 2 Jan Cryns

Bookclub #2 enjoyed a couple of great reads. In January, we discussed **Pachinko by Min Jin Lee,** about 4 generations of Koreans living in Japan since the occupation of Korea by Japan in 1910. Our hostess was Mindy Nitkin.

Our February read was "Educated", a memoir by Tara Westover who grew up in a survivalist family in Utah without any schooling or medical care but with a desire to learn and have a real education.

Our book for March is "Washington Black by Esi Edugyan, a young slave who became the manservant to a man who turns out to be a naturalist, explorer and abolitionist who embark on a journey of peril, adventure, love and freedom.



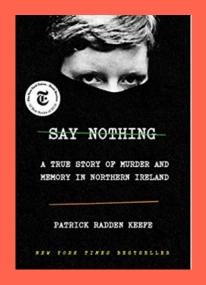
We have not yet chosen our April book selection.

NON-FICTION BOOK GROUP

March 24 Host - Fred Simon

Say Nothing: A True Story of Murder and Memory in Northern Ireland by Patrick Radden Keefe.

About the bitter conflict in Northern Ireland and its aftermath using the murder of Jean McConville as a starting point for the tale of a society wracked by a violent guerrilla war; a war whose consequences have never been reckoned with. **Elaine Morse**



SERENDIPITY 2.0 Carol Hanback

This enthusiastic group of "GO-ers & DO-ers" attends various performances/exhibits/activities in our Metro area via CARPOOLS, taking advantage of special DISCOUNTED TICKET RATES arranged for us. Dates & times of our monthly get-togethers vary according to venue schedules. Everyone enjoys themselves and has the experiences of new adventures. Come and see for yourself! All ENN MEMBERS are welcome to join our activities with a reservation. To RSVP or obtain further details about our activities contact Carol Hanback at the phone number listed in the ENN Directory.

In January the group traveled to **Breckenridge** to have lunch at the **Blue River Bistro** and then toured the **2020 International Snow Sculpture Champion-ships.**

On Sunday, March 15th, our group will attend the **Evergreen Symphony Orchestra's Prelude to Spring Masterworks Concert**beginning at 3:00 PM at Evergreen
Lutheran Church on Hwy 73. The conductor will give a talk about the program at 2:30 PM and the talented winner of the Youth Competition will perform a solo piece. Group tickets may be purchased at the door at half price when mentioning the name of



our group: Serendipity 2.0. A reception follows the concert in the Fellowship Hall where ENN attendees will be able to mingle, and speak with musicians & Conductor William Hill.

Trips to an **Escape Room** and to **the Denver Botanic Gardens** are upcoming. Consider joining us for these and more adventures in 2020. We' love to have you!

EVENING BRIDGE





January Evening Bridge was generously hosted by **Diane & Fred Kinat.** We had 16 players and top scorer of the night was **Kathleen Traynor.** Good times! For our February Friday night, **Sue & John Greenwell** were our hosts and we again had 16 players. This photo was taken at their lovely home. A pretty happy bunch! Top scorers for the night included **Mike Wells & Michelle Kerstann**. These two "cardsharks" played those lucky high-count hands well!

Our March outing will be the 4th Friday instead of the traditional 3rd. Details, as always, will be sent at the beginning of the month. All levels of players encouraged.

QUILTING

Sue Daley & Sandy Illich

In February we visited the **Rocky Mountain Quilt Museum** in Golden to view The Boys Are
Back in Town - quilts made by men! We try to
get to the museum several times a year and
then to lunch and the Golden Ouilt store.

We will have a quilt retreat at the end of March for a few days when we get a lot of quilting, eating and talking done!



GALS' BREAKFAST

Louise Whiteside

All members, including those new to ENN, are invited to join us for a delicious breakfast and some fun gal-talk once a month (varied days of the week).

In January we enjoyed breakfast at **the Bread Lounge** and in February we met at the new **Parkside Cafe**, formerly Cedar 65. Both are located in Bergen Park

March and April breakfasts will also be held close to Evergreen, because of the possibility of severe winter weather. By May, we should be ready to venture "down the hill," for breakfast in Lakewood, Littleton and beyond.



GUYS' BREAKFAST

John Dunlop

The ENN Guys Breakfast is the second Tuesday or Wednesday of each month. We gather at 8:30 AM at the designated location for a good meal and lots of "guy" talk. Usually, by 9:45 we are done and ready to take on the day.

In January we had 32 members and in February 20 guys who enjoyed a hearty breakfast at **The Parkside Café in Evergreen**. The food and service were very good.

For more information or to get on the Guys Breakfast email list, please email John Dunlop at jdunlop3rd@gmail.com.



On January 27th Savvy Women and Gals (SWAG) gathered at the home of Fran Nelson. Our Bioenergetic Wellness program was postponed because our speaker and his wife delivered their

baby in their own home the night before. We had a longer social time, then Sue Dunlop talked about the need for volunteers to take over several of the ENN Board positions. Fran Nelson shared her experiences in providing a host home for youth and professional groups that are visiting from other countries, sponsored by the World Denver organization. Kate McCollum concluded the morning meeting with her very interesting minibio.

Finally, on February 3^{rd,} Dr. Mike Traxler came to the home of Fran Nelson to deliver his presentation about **Bioenergetic Wellness**. Dr. Traxler, who has a wellness center in north Evergreen, talked about the innate healing

potential of our own bodies. He discussed freeing the nervous system so the body can heal itself, though diet, nutrition, energy and kinesiology.



Our February 24th meeting of SWAG was held at 1:00 PM at **Sweet Side Yoga.** Diana Smith was our sponsor/hostess. Amy Stabley lead our group with a free guided practice that included Asana (postures), Pranayama (conscious breathing) and Nidra(meditation). Mats and props were provided, and we concluded the session with tea and treats. We all left very relaxed and rejuvenated.

Our **March 23**rd meeting will take place at the home of Kate McCullom. Louise Whiteside has arranged for her husband John to present information about **Nutrition and Longevity**. Although his background is in engineering and physics, he began studying nutrition and alternative healing methods about 40 years ago. He learned that starting in the 1950's, the relationship between healthy aging and nutrition began to be unraveled. His presentation will cover what has been discovered in this area, and its application to our lives.

On **April 27**th Jeanne Ambrosier with host our SWAG meeting and provide refreshments. Jeanne's daughter, Karis Meskimen, will present "**The Power of Positive Touch.**" She is the founder of **Senior Snuggles** and has built a career on designing experiential learning for adults and she presents in the Denver metro area to various groups and communities of seniors on a mission to enrich elderhood, one hug at a time. We will learn about the power of positive touch and the health benefits that can be realized when you get enough "Vitamin T" for Touch. She will offer new knowledge and optional "hands on" activities with music, laughter and fun.

The following list of ENN activities appears on our website. There you can click on the name of any activity on the list and you will be taken to a sub-page with an expanded description of that specific activity. We welcome your ideas for new activities and new leaders!

ENN Activity Groups: Chairman Frank McVeigh, 303-670-1919, Activities@EvergreenNewcomers.com

Current ENN membership is required for participation in any activity.		
Activity	Leaders	Schedule
4 X 4	Bob Ogden Collette Lambert	Various Saturdays (Seasonal)
Black Diamond Skiing	John Illich	Tuesdays (seasonal)
Book Group #2	Jan Cryns	Third Thursday, 1 PM
Book Group #3 (non-fiction / co-ed)	Elaine Morse	Dates Vary
Bowling	Laurie & Tim Limbert	2nd Monday, 7 PM
Bridge Daytime	Sue Greenwell	2nd & 4th Thursday
Bridge Evening	Pat Haines	3rd Friday
Canasta	Jae Lucas Kelly Yousem	Wednesday 1-3:30 PM
Gals' Breakfast	Louise Whiteside	Dates/Times vary
Guys' Breakfast	John Dunlop	2nd Tuesday, 8:30 AM
Hiking Group	Craig Gardner (summer) Don Rosenthal (summer) Sue Daley (winter)	Summer Fridays, weather permitting Winter Wednesdays, weather permitting
International ENN	Wes & Kate Brooks	Dates/Times vary
<u>Ladies Golf</u>	Katy Lynch	Wednesday (seasonal)
Lend a Book	Marion Dries	3rd Monday, 9:30 AM
Mah Jongg (daytime)	Mindy Nitkin	Wednesdays, 10 AM
Mah Jongg (evening)	Simone Simpson	Mondays, 6:30 PM
<u>Motorcycles</u>	John Griggs	Various Saturdays (seasonal)
Nature Hikes	Chuck Aid	3rd Wednesday, May-August
<u>Needlework</u>	Sheri Matz	1st Monday, 10 AM
Poker Night	Rose Warren	Dates/Times vary
Quilting	Sue Daley Sandy Illich	2nd Monday, 10 AM
Serendipity 2.0	Carol Hanback	Monthly - dates/times vary
SWAG (Savvy Women and Gals)	Harriet Sear Carol Goss	4th Monday, 10 AM
Sporting Clays	Alan Palestine	3rd or 4th Tuesday
The Wine Tasters	Pat Williamson	1st Saturday evening, Alternate Months
Wine Tasting	Frank McVeigh	Multiple Social Groups - 3rd Saturday evening

To contact any Activity Group, please send an email to <u>Activities@EvergreenNewcomers.com</u>.

The desired group will receive your message and respond directly to you.

PROGRAMS AND SOCIAL EVENTS

programsandsocials@evergreennewcomers.com

HAPPY HOUR Jan 21st The Wild Game, Bergen Park















Tuesday, March 17th 4-6 PM

Non-refundable \$5 covers an appetizer of your choice Send to: ENN, PO Box 2197, Evergreen, CO, 80437 Attn: HH Drinks are at Happy Hour prices

Please RSVP by Thursday, March 12th

Contact Riley Hanback 303 674-6405 with questions The Wild Game is located at 1204 Bergen Parkway

SAVE THE DATE for the not to be missed ENN SUMMER PARTY

